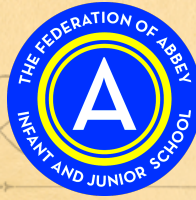


# THE ABBEY LENS

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The Federation of Abbey  
Infant and Junior School  
Maurice Road (I) Barclay Road (Jr)  
Smethwick

TELEPHONE  
0121 429 1689 (INFANTS)  
0121 429 2700 (JUNIORS)

## Caring kitchen!

Gurdwara visit

### EQUALITY

Children from Abbey Year 1 wowed staff at a recent trip to a local Gurdwara, as part of their religious studies. The Year 1 children demonstrated great respect throughout their visit to the Langar, impressing teachers and Gurdwara staff alike.

The youngsters learned about Sikh commitment, and traditions. A highlight of the trip was experiencing the Langar. Langar is a community kitchen in the Sikh tradition that serves meals to all, regardless of faith, gender, or background. It symbolises equality, with everyone sitting together to share the same food.

"One of my favourite parts of the day was when we went to the Langar and they all sit on the floor when they are eating to show that they are all equal."



Have you got a paragraph of good news to share? Write in under 100 words, attach a picture and your story may be published. All submissions to [office@abbey-jun.sandwell.sch.uk](mailto:office@abbey-jun.sandwell.sch.uk) or [office@abbey-inf.sandwell.sch.uk](mailto:office@abbey-inf.sandwell.sch.uk)