



SUPPORTED BY:



**West Brom**  
Building Society

# TAKE TIME TO COOK

**IT'S FREE -  
COME AND LEARN BASIC COOKING  
SKILLS WITH US.**



**CREATED TO TEACH ADULTS WITH  
DISABILITIES HOW TO COOK AND  
PREPARE FOOD SAFELY AND  
INDEPENDENTLY**



**RUNNING EVERY THURSDAY FROM  
8<sup>TH</sup> JANUARY 2026 TO 26<sup>TH</sup> MARCH  
2026  
2PM-4PM**



**WEST BROMWICH COMMUNITY  
CENTRE  
GAYTON ROAD  
WEST BROMWICH  
B71 1QS**



**BASIC INGREDIENTS ARE SUPPLIED AND FOOD CAN  
BE TAKEN HOME OR EATEN.**

**PLEASE USE THE LINK BELOW TO BOOK YOUR  
FREE PLACE:**

**[HTTPS://WWW.GOODHUB.COM/GO/TAKETIMETOCOOK](https://www.goodhub.com/go/taketimetocook)**



SCAN HERE

**OR CONTACT  
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