



SANDWELL METROPOLITAN BOROUGH COUNCIL
The Federation of Abbey Infant and Junior School



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Dear parents and carers,

In 2025, the Department for Education released updated guidance for the teaching of Relationships Education, Relationships and Sex Education, and Health Education (known at Abbey as PSHE). Schools across the UK will begin implementing this guidance from September 2026. Part of this updated framework requires schools to engage with parents and carers regarding the teaching of PSHE in their child's school.

What does this mean for your children?

In terms of what your child will experience in their PSHE lessons and wellbeing assemblies, it will not appear that much has changed. At Abbey, we have used the Jigsaw Education PSHE scheme for many years – it is a well-tested and trusted framework that has been highly successful in providing exceptional PSHE learning to our children. Jigsaw has updated its scheme of learning for 2026, enabling schools to adhere to the new statutory guidance with ease. On a classroom level, there may be some updated or new lessons added to cover topics newly required by the government. These will ensure that our children receive a well-rounded PSHE education to support them in school and prepare them for life beyond.

How can I engage with the resources?

The new government guidance is available to read on the Department for Education website, and our own updated school PSHE policy is available on the Abbey website. Jigsaw has provided schools with information resources to share with parents and carers that give a clear overview of what will be taught. These will also be available for download from our school website. Upon request, the school can also provide the specific resources and content used for any individual lesson. As always, parents and carers of children in a year group that covers non-statutory content (for example, conception) will be fully informed when that particular content is upcoming. The right to withdraw your child from these specific non-statutory lessons remains. While the school will always encourage participation in these lessons to ensure children receive accurate information, the final decision lies with you. The right to withdraw does not apply to statutory content.

We are committed to making this transition entirely smooth and seamless. Ultimately, these updates ensure our pupils receive the highest quality PSHE education, supporting them to become confident, well-rounded individuals who are fully prepared to succeed and contribute to the wider world.

Best wishes,


Miss P Cowley
PSHE lead

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