

Sanctuary Hub

Drop in Sessions

From the **21 September 2026**, will be introducing revised opening hours to help us extend support into the community through outreach, In-reach and new daytime drop-in pilot.

Our commitment remains the same: providing hope, empowerment, and accessible, person-centred support for people experiencing mental health distress or crisis.

Monday to Friday: 5.30pm - 10.00pm Saturday & Sunday: 12 noon - 9.30pm These changes will enable us to:

- Pilot a new Wednesday daytime drop-in session (11.00am - 2.00pm)
- Increase Community Outreach and In-reach activity
- Engage with people earlier, support people who may be unable to access evening services.
- Continue providing accessible, responsive and person-centred support

The “Lets chat” hub in West Bromwich

Thursday 24th September - 11am-2pm

Wednesbury Library

Tuesday 29th September - 11am-2pm

Blackheath Library

Wednesday 7th October - 11am-2pm

The unity Brew Café Tipton

Thursday 15th October - 11am-2pm

Smethwick Library

Wednesday 21st October - 11am – 2pm

Oldbury Health Centre

Thursday 28th October - 11am-2pm

